

## DEAR FRIEND & CHAMPION,

IndaMae was in desperate need of help when she first learned about Kind at Heart through a local referral agency. She had been struggling with mobility impairment since a stroke in 2023, and showering was nearly impossible.

**Upon assessing her needs for a walk-in shower and ADA toilet, it became apparent that she was at high risk of a catastrophic fall-related injury.**

In addition to her bathroom renovation needs, a growing hole in her front porch presented a risk every time she exited or entered. And her split level home required a sort of "acrobatics" that someone with a walker (or three in her case) shouldn't have to perform to navigate between rooms.

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**THERE IS NO WIGGLE ROOM FOR HOME REPAIRS. INDAMAE HAS ALREADY REFINANCED HER HOME MULTIPLE TIMES JUST TO HAVE A LITTLE EXTRA MONEY TO PAY THE BILLS.**

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Our new "Neighbor" is just one of many seniors 65+ who are facing a daily, uphill battle to simply maintain the status quo. But loneliness, poverty, and disability are major barriers to "quality of life."

**This Fall, we are asking the community to "Ramp It Up" for seniors like IndaMae by providing the critical resources they need.**

Wheelchair ramps.

Handicap bathroom remodels.

Basic home repairs.

Fresh garden deliveries.

Friendship.

**Your financial support ensures hope arrives at the doorsteps of 170+ Kind at Heart seniors.**



**25% of adults 65+ are socially isolated.**

This increased risk of loneliness is due to declining health, personal loss, and living alone.



**10% of seniors 65+ live in poverty.**

This number is even higher among Kind at Heart clients; estimated to be around 37%. Nearly 80% live at 200% of the federal poverty level.



**40% of those 65+ are impacted by a disability.**

Mobility, self-care, cognition, and hearing & vision challenges all impact quality of life.



**In two months time, fifteen donors and twenty volunteers united to provide for IndaMae.**

They built her a ramp, fixed her porch, installed a walk-in shower, supported other needs around the house, and began delivering fresh items from Leola's Garden (a new Kind at Heart initiative in 2023).

Most importantly, they brought hope in the face of disability, isolation, and poverty. But don't just take our word for it . . .

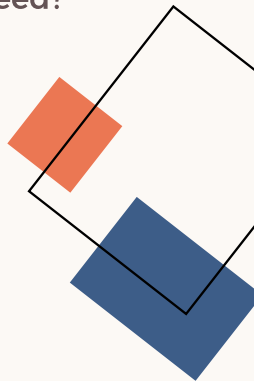
**"LIFE HAS BECOME VERY HARD. YOU ALL HAVE HELPED RESTORE MY FAITH . . . MY HEALTH AND STRENGTH IS COMING BACK."**

IndaMae, 79 Years Old

Will you make a donation to Kind at Heart today and help connect more seniors in our community with the help and hope they need? "RAMP IT UP" WITH US TODAY!

Thank you for giving!

Wayne Thomas,  
Founder & Director



**donation info**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Telephone \_\_\_\_\_

**Yes! I want to support local seniors!**

Monthly gift of \_\_\_\_\_  
 One-time gift of \_\_\_\_\_  
 I would like to have my money drafted from my checking account (please enclose a voided check)

**I am giving with . . .**

Card  Check  Cash

Debit/Credit Card #

Expiration Date     3 Digit (CSC)    Visa | Mastercard | Amex



DONATE ONLINE